

SIMPLY ORGANIZED

Decluttering and
Space Organizing



August 2010

Back to School Tips...

- Schedule your MD and dentist appointments now
- Set up your after school childcare arrangements now
- Start moving bedtime earlier to get ready for September
- Try on clothing to see what still fits and decide what you need
- Buy your school supplies according to what your child's teacher asks for rather than simply stock piling items
- Post the new school calendar on your fridge and/or near your desk
- Transfer all days off and etc to your personal calendar
- Label all supplies, sporting equipment and etc
- Photocopy your parent release and emergency cards (you need one every year...why write them out each time)
- Lay out clothes the night before
- Make lunches the night before (My daughter does this still at 24, makes the morning less stressful)

Lastly, as always you have my permission and thanks for passing this info on to any and all who might benefit. Have a great August, enjoy your time with family and friends.

See you in September! Ellen

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Did you know...

August 1-7 is
"Simplify Your Life Week" Remember...*no is a complete sentence, single task not multi task, be present in the moment and eat healthy-cut down or out totally on processed food!*